

Spring Camps

Spring Camps are all half power skating, half hockey skills. These five-week camps through April and May are a great time to improve skills during the off-season. It's also a good opportunity to maintain what players have learned through the winter, bridge the gap until summer camps, and not return a step back from where they finished. Sessions will be divided between power skating and puck skills.

CAMP 1 U7 Sundays 4:00 – 5:00 p.m.
Cost: \$329 + GST Castledowns/Grand Trunk Arenas
5 weeks starting April 14/2024, ending May 12/2024
Description: This is a beginner level power skating class with a focus on learning basic hockey skills in an atmosphere of FUN! It is not a learn to skate class so skaters must have some previous skating experience.

CAMP 2 U9 Sundays 5:00 - 6:00 p.m.
Cost: \$329 + GST Castledowns/Grant Trunk Arenas
5 weeks starting April 14/2024, ending May 12/2024
Description: This U9 level camp is for players with some past skating and/or hockey experience. Players should have some basic skating and puck skills.

CAMP 3 U11/13 Sundays 6:15 - 7:30 p.m.
Cost: \$369 + GST Castledowns/Grand Trunk Arenas
5 weeks starting April 14/2024, ending May 12/2024
Description: Players in this camp should have good skating and puck skills and be looking to improve technique. Drills will progressively become higher tempo and involve more game situations.

CAMP 4 U15/U18/Jr Sundays 7:45 – 9 p.m.
Cost: \$369 + GST Castledowns/Grand Trunk Arenas
5 weeks starting April 14/2024, ending May 12/2024
Description: This camp is for serious players committed to fine tuning their skating, maintaining conditioning, and strengthening puck skills. All skills will be integrated into high-tempo game situations. This camp will blend into semi-private sessions offered July – August and then wrap up at Summer Camp for a full season of quality technique training.

Summer Camps

All summer camps take place August 12 – 16, 2024 @ Castledowns Arena.
Summer Camps are for hockey or ringette players wanting to improve SKATING TECHNIQUE and CONDITIONING. Instructional focus is on skating skills, although pucks will be integrated at all levels so players can practice skills in game situations. All camps (with the exception of Learn to Hockey) include off-ice activity sessions related to skating skills and conditioning. Goalies are welcome and will have the opportunity to improve skating/agility as well as take shots during drills and scrimmage.

Camp A – LEARN TO HOCKEY 9 – 9:45 a.m. Cost: \$199 + GST
This camp is intended for the new player just learning to skate and/or planning to start playing in the upcoming season. No previous skating experience is necessary but standing independently on ice is required.

Camp B – U7 9 – 10:45 a.m.
Cost: \$399 + GST Off-ice: 9 - 9:30 a.m. On-ice: 9:45 - 10:45 a.m.
This camp is intended for the younger player in timbits hockey or just planning to start playing in the upcoming season. No previous power skating is necessary; however, it is not a learn-to-skate class, and players should have some skating experience. This camp is also a good opportunity for the younger player to experience the “hockey school” concept in a shorter time span and with a focus on FUN!!

Camp C – U9 9:45 – 12 noon
Cost: \$479 + GST Off-ice: 9:45 - 10:30 a.m. On-ice: 11 – 12 noon
This camp is intended for U9 players wanting to improve their skating skills in a hockey environment. Although prior power skating is not a necessity, participants should have basic skating skills. Both on and off-ice sessions will be full of activity and fun while improving key skating techniques.

Camp D – U11 10:45 a.m. – 1:30 p.m.
Cost: \$499 + GST Off-ice: 10:45 - 11:45 a.m. On-ice: 12:15 - 1:30 p.m.
This camp is intended for U11 players wanting to improve their skating skills through technique training, as well as increasing conditioning with off-ice sessions and high-tempo on-ice drills. Participants should have good basic skating skills along with prior hockey experience, and be looking to improve themselves prior to evaluations.

Camp E – U13/U15 12:15 – 3:15 p.m.
Cost: \$519 + GST Off-ice: 12:15 - 1:15 p.m. On-ice: 1:45- 3:15 p.m.
This camp is for players wanting to improve their skating skills by learning the proper technique first and then incorporating into high-tempo drills. Off-ice sessions will be related to on-ice skills such as stride, power and quick feet and will also include stretching, conditioning, muscle development and more. Each day is something different so players will never get bored!!

Camp F – U18/JUNIOR/ADULT 1:30 – 5 p.m.
Cost: \$539 + GST Off-ice: 1:30 - 3 p.m. On-ice: 3:30 - 5 p.m.
This camp is for the advanced player committed to improving their skating and conditioning prior to the 2024/25 season. On and off-ice sessions will focus on speed, acceleration, agility, strength and power. Players should have strong skating skills and be looking to improve technique in specific areas of weakness. This camp will be demanding but players will really feel like they've accomplished something by week end!! **For a complete summer training program, this camp is recommended as completion of the Edges Semi-Private Package.

Registration Form

Class Selection (Circle)

Spring Camps

1 (U7) 2 (U9) 3 (U11/U13) 4 (U15/U18/Jr)

Summer Camps

A (Learn to Hockey) B (U7) C (U9)
D (U11) E (U13/U15) F (U18/Jr/Adult)

Summer Camp ONLY

Free Jersey Included

\$25 Early-Booking Discount for registrations received by March 1, 2024

Camp(s) Cost \$ _____

Less Discount - _____
(If applicable – Summer Only)

Subtotal = _____

GST + _____
(GST Reg. #88216 5723 RT0001)

TOTAL = _____

Payment by Cheque _____ Please make cheque or money order payable to: **Edges P.S.I.**
(A \$25 fee will be charged for all returned cheques)

Payment by Visa _____ Mastercard _____

Card # _____

Expiry Date _____

Cardholder Name _____

Authorizing Signature _____

Registration Form

Player Name _____

Address _____

City _____ Postal Code _____

Birthdate _____
Month Day Year

Last Level Hockey Played _____

Parent Name(s) _____

Phone _____ (other) _____

Health Care # _____

Health Concerns _____

Email address _____

How did you find out about the camp?

Waiver

No refunds or credits will be issued unless program is cancelled by Superskate Advanced Development Association or Edges Professional Skating Instruction. In the event of arena closures, non-expiring credits will be issued. In consideration of the benefits awarded to us by acceptance of this application, the undersigned agrees to save and hold harmless and release Superskate Advanced Hockey Development Association, Edges Professional Skating Instruction, Tammy Coley, all coaches and assistants, and any private or municipal rink of and from any and all claim rising from bodily injury and property damage sustained by the student. All skaters must wear full CSA Approved hockey equipment.

Date: _____ Signature _____
(Parent or Guardian)

Schedule

SPRING CAMPS:

Sundays: April 14, 28, May 5
Castledowns Arena
11520 – 153 Avenue, Edmonton

Sundays: April 21, May 12
Grand Trunk Arena
13025 – 112 Street, Edmonton

SUMMER CAMPS: Schedule as on reverse - no changes.

Also Available

Private Lessons

Video Analysis

Semi-Private Summer Sessions

For Players U15 & Older

Fall/Winter Program

Learn to Skate Classes

Learn to Hockey Classes

20-week Power Skating Classes

Puck Handling & Shooting Camps

Goalie Training

For More Info:

www.edgespsi.com

or email coleytr@telusplanet.net

HOW TO REGISTER

- 1) **EMAIL** completed registration form & full payment to coleytr@telusplanet.net
- 2) **MAIL** or **DROP IN MAILBOX** to:
EDGES P.S.I.
13017 – 137 A Street
Edmonton, Alberta T5L 5A3

(NOTE: A CONFIRMATION EMAIL will be sent when registration is successfully processed. If you have not received a confirmation email, you are not registered and should contact us at coleytr@telusplanet.net

Registration will be taken on a first come, first serve basis and MUST include full payment

**Goalies welcome.
Ringette players welcome.**

**All skaters are grouped by ability, not age or tier played.
At the discretion of the coaches, some shifting of skaters to appropriate classes may occur after the first day or during the camp.**

Participants MUST wear full hockey/ringette equipment and bring a stick.

For More Information

www.edgespsi.com

or call (780) 454-6419

Tammy Coley's

EDGES

SPRING

&

SUMMER

CAMPS

2024