

## Power Skating Classes

<b>CLASS A</b> Cost: \$429	<b>U7 (Pre-Novice)</b>	<b>Wednesdays</b> 20 weeks starting Oct. 4/2023, ending Mar. 6/2024	<b>5:15 - 6 p.m.</b>	<b>Castledowns B</b>
<b>CLASS B</b> Cost: \$489	<b>U9 (Novice)</b>	<b>Tuesdays</b> 20 weeks starting Oct. 3/2023, ending Mar. 5/2024	<b>4:15 - 5:15 p.m.</b>	<b>Clareview B</b>
<b>CLASS C</b> Cost: \$489	<b>U9 (Novice)</b>	<b>Wednesdays</b> 20 weeks starting Oct. 4/2023, ending Mar. 6/2024	<b>4:15 - 5:15 p.m.</b>	<b>Castledowns B</b>
<b>CLASS D</b> Cost: \$489	<b>U9 (Novice)</b>	<b>Thursdays</b> 20 weeks starting Oct. 5/2023, ending Mar. 7/2024	<b>4:15 - 5:15 p.m.</b>	<b>Castledowns B</b>
<b>CLASS E</b> Cost: \$489	<b>U11 (Atom)</b>	<b>Mondays</b> 20 weeks starting Oct. 2/2023, ending Mar. 11/2024	<b>5:45 - 6:45 p.m.</b>	<b>Castledowns B</b>
<b>CLASS F</b> Cost: \$489	<b>U11 (Atom)</b>	<b>Tuesdays</b> 20 weeks starting Oct. 3/2023, ending Mar. 5/2024	<b>5:15 - 6:15 p.m.</b>	<b>Clareview B</b>
<b>CLASS G</b> Cost: \$489	<b>U11 (Atom)</b>	<b>Thursdays</b> 20 weeks starting Oct. 5/2023, ending Mar. 7/2024	<b>5:15 - 6:15 p.m.</b>	<b>Castledowns B</b>
<b>CLASS H</b> Cost: \$529	<b>U13 (Pee Wee)</b>	<b>Mondays</b> 20 weeks starting Oct. 2/2023, ending Mar. 11/2024	<b>7:00 – 8:15 p.m.</b>	<b>Castledowns B</b>
<b>CLASS I</b> Cost: \$549	<b>U15 (Bantam)</b>	<b>Tuesdays</b> 20 weeks starting Oct. 3/2023, ending Mar. 5/2024	<b>6:15 – 7:45 p.m.</b>	<b>Clareview A</b>
<b>CLASS J</b> Cost: \$549	<b>U18/Jr/Adult</b>	<b>Fridays</b> 20 weeks starting Oct. 6/2023, ending Mar. 8/2024	<b>5:00 – 6:30 p.m.</b>	<b>Castledowns B</b>

*“Technique Plus” Classes - For players who have taken extensive power skating and would like to be challenged with a higher level of technique and smaller class size. Players MUST register in a regular class above, and suitable skaters from there will be given the option of moving to the “Technique Plus” sessions. Selection is based on technique, not on tier played. Contact Tammy for further info.*

<b>CLASS K</b>	<b>“Tech +” U9 (Novice)</b>	<b>Fridays</b>	<b>4:00 – 5:00 p.m.</b>	<b>Castledowns</b>	<b>\$539</b>
<b>CLASS L</b>	<b>“Tech +” U11 (Atom)</b>	<b>Thursdays</b>	<b>2:45 – 4:00 p.m.</b>	<b>Castledowns</b>	<b>\$559</b>
<b>CLASS M</b>	<b>“Tech +” U13 (Pee Wee)</b>	<b>Mondays</b>	<b>4:15 – 5:30 p.m.</b>	<b>Castledowns</b>	<b>\$589</b>

## Hockey Skills Mini-Camps

### PRE-SEASON CAMPS

Includes ALL 4 of the Monday & Tuesday sessions  
(Mondays @ Castledowns & Tuesdays @Clareview)

**CAMP 1** U9 PUCK SKILLS & SHOOTING \$149  
 Mon, Sept. 11 & 18 4:30 – 5:30 p.m.  
 Tues, Sept. 12 & 19 4:15 – 5:15 p.m.

**CAMP 2** U11/U13 PUCK SKILLS & SHOOTING \$149  
 Mon, Sept. 11 & 18 5:30 – 6:30 p.m.  
 Tues, Sept. 12 & 19 5:15 – 6:15 p.m.

**CAMP 3** U15/U18/JUNIOR/ADULT PUCK SKILLS & SHOOTING \$179  
 Mon, Sept. 11 & 18 6:45 – 8:15 p.m.  
 Tues, Sept. 12 & 19 6:15 – 7:45 p.m.

### CHRISTMAS BREAK CAMPS – 3 sessions

Jan. 2, 3, 4, & 5 Castledowns Arena\*  
 (\*Jan. 2 @ Londonderry Arena)

**CAMP 1** U7 (PRE-NOVICE) PUCK SKILLS & SHOOTING \$129  
 11:30 a.m. – 12:15 p.m.

**CAMP 2** U9 (NOVICE) PUCK SKILLS & SHOOTING \$149  
 12:30 – 1:30 p.m.

**CAMP 3** U11 (ATOM) PUCK SKILLS & SHOOTING \$149  
 1:45 – 2:45 p.m.

**CAMP 4** U13 (PEE WEE) PUCK SKILLS & SHOOTING \$159  
 3:00 – 4:15 p.m.

**CAMP 5** U15/U18/JUNIOR/ADULT PUCK SKILLS & SHOOTING \$179  
 4:30 – 6:00 p.m.

## Registration Form

Class Selection (Circle all choices)

### Power Skating

A B C D E F G H I J

### Hockey Skills

#### Pre-Season Mini-Camps

**CAMP 1** (U9 Novice)      **CAMP 2** (U11/U13 Atom/PeeWee)      **CAMP 3** (U15-Adult)

#### Christmas Break Camps

**CAMP 1** Pre-Novice    **2** Novice    **3** Atom    **4** Pee Wee    **5** U15-Adult

### Skill Development Packages

CIRCLE BLUE (A-I) + GREEN ABOVE

U7    U9    U11    U13    U15/U18/Jr/Adult

#### Payment

Cheque \_\_\_\_\_ Please make cheque or money order payable to: **Edges P.S.I.**  
 (A \$25 fee will be charged for all returned cheques)

Visa \_\_\_\_\_ Mastercard \_\_\_\_\_

Card # \_\_\_\_\_ Exp. \_\_\_\_\_

Cardholder Name \_\_\_\_\_

Authorizing Signature \_\_\_\_\_

Camp(s) Cost \$ \_\_\_\_\_

GST + \_\_\_\_\_

(GST #88216 5723 RT0001)

**TOTAL** = \_\_\_\_\_

\*\*\* BEST VALUE \*\*\*

## Skill Development Packages

\*\*\* COVERS ALL SKILLS \*\*\*

In addition to improving skating skills, want to develop an all-around better player??

Register for a **Skill Development Package** which includes:

- 20-week power skating class
- Pre-season camp (Sept. 2023)
- Christmas break camp (Jan. 2024).

Book the Package & SAVE \$\$\$ →

U7 PRE-NOVICE (Christmas Puck Camp only)	\$499
U9 NOVICE	\$699
U11 ATOM	\$699
U13 PEE WEE	\$759
U15/U18/JR/ADULT	\$799
<i>Tech Plus Classes: U9 \$749, U11 \$769, U13 \$829</i>	

## Registration Form

Player Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Postal Code \_\_\_\_\_

Birthdate \_\_\_\_\_  
Month Day Year

Last Level Hockey Played \_\_\_\_\_

Parent Name(s) \_\_\_\_\_

Phone (h) \_\_\_\_\_ (other) \_\_\_\_\_

Health Care # \_\_\_\_\_

Health Concerns \_\_\_\_\_  
\_\_\_\_\_

Email address \_\_\_\_\_

How did you find out about the class?  
\_\_\_\_\_

### Waiver

**No refunds or credits will be issued unless program is cancelled by Superskate Advanced Development Association or Edges Professional Skating Instruction (Tammy Coley). Class times and dates are subject to City of Edmonton ice availability. In the event of complete arena closures, full non-expiring credits will be issued. In consideration of the benefits awarded to us by acceptance of this application, the undersigned agrees to save and hold harmless and release Superskate Advanced Hockey Development Association, Edges Professional Skating Instruction, Tammy Coley, all coaches and assistants, and any private or municipal rink from any and all claim rising from bodily injury and property damage sustained by the student. All skaters must wear full CSA Approved hockey equipment and adhere to all other safety measures in place.**

Date: \_\_\_\_\_ Signature \_\_\_\_\_  
(Parent or Guardian)

## Schedule

### **Mondays**

Oct. 2, 16, 23, 30, Nov. 6, 13, 20, 27, Dec. 4, 11, 18  
Jan. 8, 15, 22, 29, Feb. 5, 12, 26, Mar. 4, 11

### **Tuesdays**

Oct. 3, 10, 17, 24, Nov. 7, 14, 21, 28, Dec. 5, 12, 19  
Jan. 9, 16, 23, 30, Feb. 6, 13, 20, 27, Mar. 5

### **Wednesdays**

Oct. 4, 11, 18, 25, Nov. 8, 15, 22, 29, Dec. 6, 13, 20  
Jan. 10, 17, 24, 31, Feb. 7, 14, 21, 28, Mar. 6

### **Thursdays**

Oct. 5, 12, 19, 26, Nov. 2, 9, 16, 23, 30, Dec. 7, 14, 21  
Jan. 11, 18, 25, Feb. 1, 8, 15, 22, 29, Mar. 7

### **Fridays**

Oct. 6, 13, 20, 27, Nov. 3, 10, 17, 24, Dec. 1, 8, 15, 22  
Jan. 12, 19, 26, Feb. 2, 9, 16, 23, Mar. 1, 8

## Also Available

### Learn to Skate Class

(Skates and helmets required)

Mondays 3:45 – 4:15 p.m. Castledowns Arena  
Tuesdays 3:45 – 4:15 p.m. Clareview Arena

### Learn to Hockey Class

(Full hockey equipment required)

Mondays 3:45 – 4:15 p.m. Castledowns Arena  
Tuesdays 3:45 – 4:15 p.m. Clareview Arena

### Power Plus Goalie Training

Available as private lessons (see below).

Goalies are also welcome to register in regular power skating classes and coaches will adjust drills as applicable to their needs.

### Private Lessons

Tuesdays, 3:15 – 3:45 p.m., CVB  
Wednesdays, 3:15-3:45 & 3:45-4:15 p.m., CDB  
(email [coleytr@telusplanet.net](mailto:coleytr@telusplanet.net) for more info.)

### Video Analysis

For More Info. [www.edgespsi.com](http://www.edgespsi.com)

## HOW TO REGISTER

- 1) EMAIL to [coleytr@telusplanet.net](mailto:coleytr@telusplanet.net)
- 2) MAIL/DELIVER registration form and full payment to **Edges P.S.I.** 13017 – 137 A Street, Edmonton, AB, T5L 5A3

- 3) IN PERSON **REGISTRATION DAY:**  
**Wednesday, August 16, 2023**  
**Castledowns Arena**  
**6 – 8 p.m.**

(NOTE: A confirmations email will be sent when registration is successfully processed. If you have not received a confirmation email, you are not registered and should contact us at [coleytr@telusplanet.net](mailto:coleytr@telusplanet.net))

Registration will be taken on a first come, first serve basis and must include payment

Ringette players welcome.

All skaters are grouped by ability, not age or tier played. At the discretion of the coaches, it may be recommended that skaters move to a more appropriate class at any time during the season.

Participants **MUST** wear full hockey/ringette equipment and bring a stick.

For More Information

[www.edgespsi.com](http://www.edgespsi.com)

Follow us on **Twitter** or **Facebook**  
or call (780) 454-6419

# Superskate

Advanced Hockey  
Development Association

featuring

Tammy  
Coley's

# Edges

PROFESSIONAL SKATING INSTRUCTION

# POWER SKATING

AND

# HOCKEY SKILLS

# 2023/24