

# Semi-Private Power Skating 2026

with Tammy Coley

## *Edges Professional Skating Instruction*

The following semi-private sessions are available for players U15 and older. It is intended for high-level players who have already taken power skating and are looking for extra work in specific areas. It is highly recommended to complete this training with the Edges Summer Camp in August to obtain the conditioning and strength building component, as well as put all these techniques into high-tempo drills in a larger group. **Participants in this semi-private skating package will receive a 20% discount on the Summer Camp August 10<sup>th</sup> – 14<sup>th</sup>.**

*These are the days currently available for semi-private lessons:*

|                                    |                 |                   |
|------------------------------------|-----------------|-------------------|
| Monday, July 6 <sup>th</sup>       | 10:15 – 11 a.m. | Castledowns Arena |
| Wednesday, July 8 <sup>th</sup>    | 10:15 – 11 a.m. | Castledowns Arena |
| Thursday, July 9 <sup>th</sup>     | 10:15 – 11 a.m. | Castledowns Arena |
| Monday, July 13 <sup>th</sup>      | 10:15 – 11 a.m. | Castledowns Arena |
| Wednesday, July 15 <sup>th</sup>   | 10:15 – 11 a.m. | Castledowns Arena |
| Thursday, July 16 <sup>th</sup>    | 10:15 – 11 a.m. | Castledowns Arena |
| Monday, July 20 <sup>th</sup>      | 10:15 – 11 a.m. | Castledowns Arena |
| Wednesday, July 22 <sup>nd</sup>   | 10:15 – 11 a.m. | Castledowns Arena |
| Thursday, July 23 <sup>rd</sup>    | 10:15 – 11 a.m. | Castledowns Arena |
| Monday, July 27 <sup>th</sup>      | 10:15 – 11 a.m. | Castledowns Arena |
| Wednesday, July 29 <sup>th</sup>   | 10:15 – 11 a.m. | Castledowns Arena |
| Thursday, July 30 <sup>th</sup>    | 10:15 – 11 a.m. | Castledowns Arena |
| Wednesday, August 5 <sup>th</sup>  | 10:15 – 11 a.m. | Castledowns Arena |
| Thursday, August 6 <sup>th</sup>   | 10:15 – 11 a.m. | Castledowns Arena |
| Monday, August 17 <sup>th</sup>    | 10:15 – 11 a.m. | Castledowns Arena |
| Wednesday, August 19 <sup>th</sup> | 10:15 – 11 a.m. | Castledowns Arena |
| Thursday, August 20 <sup>st</sup>  | 10:15 – 11 a.m. | Castledowns Arena |

*The slots will be filled on a first come, first served basis at a cost of \$89 per session or book the entire package:*

**Semi-private package \$1,246**

- **three free sessions**
- **free video assessment with off-ice viewing**

*A maximum of six players will be booked utilizing the entire ice surface.*

*Additional slots may be added based on demand and ice availability. PRIVATE sessions may also be booked for one-on-one instruction.*

**If you have any questions, contact Tammy at [coleytr@telusplanet.net](mailto:coleytr@telusplanet.net) or (780) 454-6419.**

